

**Report**

**Session: 2022-23**

**Extension Activity: Guest Lecture Series**

**Topic: Understanding the Self & Society**

**Organized by:**

**Dr. Charu Sharma  
and  
Various Clubs**



**NOTICE**

Dated 23-03-2023

Series of Guest Lectures for 4<sup>th</sup> semester students will be held in Multipurpose Hall at 2:15pm everyday as per given schedule:-

Day	Date	Topic	Agency in promoting Values	Teacher In-charge
Monday	27-03-2023	Final TP Orientation	SIP In-charge	Dr. Yuvraj Singh Pathania Dr. Atul Acharya
Tuesday	28-03-2023	Substance Abuse	Gunjan RRC & Drug Abuse Prevention Committee	Prof. Reeta Devi Dr. Atul Thakur
Wednesday	29-03-2023	Importance of blood donation	Rovers & Rangers	Dr. Atul Thakur Prof. Reenu Chaudhary
Friday	31-03-2023	Self & Spirituality	ISKCON	Dr. Abhiyudita
Saturday	01-04-2023	Education in Human Values	Sai Education Vidya Prathishaan	Dr. Yuvraj Singh Pathania
Monday	03-04-2023	Digital Literacy	Cyber Awareness Cell	Dr. Atul Acharya Prof. Manoj Kumar
Thursday	03-06-2023	Meditation: Wellness & Yoga	Sahaja Yoga	Dr. Charu Sharma Prof. Preeti Prabha

Principal

Govt. College of Teacher Education  
Dharamshala Dist. Kangra H.P.



ANNEXURE PART - II  
C-M-7 - points - 6  
(Record in principle  
of the)

**GUEST LECTURES**  
**UNDER**  
**EXTENSION ACTIVITY**  
**UNDERSTANDING THE**  
**SELF**  
**BATCH 2022-2024**

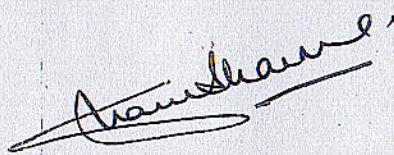


**Notice**  
**(For Sem. IV Students)**  
**Batch 2022-2024**

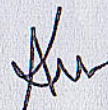
**Dated: - 27/03/2024**

All the students to note the given schedule of Guest Lectures under Extension Activates for the paper Understanding the Self at 2:30p.m. in MP Hall.

Date	Resource person	Topic	Teacher In-charge
01/04/2024	Ms. Mamani Thakur	Yogasana-I	Dr. Abhijudita Prof. Reeta
02/04/2024	Mrs. Sfurti Sharma	Spiritual practice I Sahaj Yoga	Dr. Manoj (Skt) Dr. Priyanka
03/04/2023	Ms. Mamani Thakur	Mudras & Yogasana-II	Prof. Preeti Sharma Dr. Priyanka
04/04/2024	Dr. Savita Chambyal	Who Am I ?	Prof. Reeta Prof. Reenu Chaudhary
05/04/2024	Mr. Sumit Sharma	Dhyan: Meditation & Meditator	Prof. Preeti Sharma Dr. Manoj Kumar (Skt)
06/04/2024	Mrs. Krishna Awasthi	Spiritual Practice -II	Prof. Reenu Chaudhary Dr. Priyanka
08/04/2024	Mrs. Kusum	Art of Living	Prof. Babita Kumari Dr. Pooja Chaudhary
09/04/2024	Dr. Ajay Lakhanpal	Self-concept and human values	Prof. Reeta Devi Prof. Reenu Chaudhary



Convener  
Dr. Charu Sharma



Principal  
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