

Notice  
(For Sem. IV Students)  
Batch 2022-2024

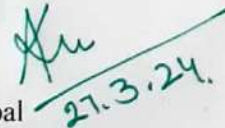
**Dated: - 27/03/2024**

All the students to note the given schedule of Guest Lectures under Extension Activities for the paper Understanding the Self at 2:30p.m. in MP Hall.

Date	Resource person	Topic	Teacher In-charge	Sig.
01/04/2024	Ms. Mamani Thakur	Yogasana-I	Dr. Abhiyudita Prof. Reeta	
02/04/2024	Mrs. Sfurti Sharma	Spiritual practice I Sahaj Yoga	Dr. Manoj (Skt) Dr. Priyanka	
03/04/2023	Ms. Mamani Thakur	Mudras & Yogasana-II	Prof. Preeti Sharma Dr. Priyanka	
04/04/2024	Dr. Savita Chambiyal	Who Am I ?	Prof. Reeta Prof. Reenu Chaudhary	
05/04/2024	Mr. Sumit Sharma	Dhyan: Meditation & Meditator	Prof. Preeti Sharma Dr. Manoj Kumar (Skt)	
06/04/2024	Mrs. Krishna Awasthi	Spiritual Practice -II	Prof. Reenu Chaudhary Dr. Priyanka	
08/04/2024	Mrs. Kusum	Art of Living	Prof. Babita Kumari Dr. Pooja Chaudhary	
19/04/2024	Anant & Sanya	Musical Play on Gender & Env't.	Prof. Reeta Devi Prof. Reenu Chaudhary	



Convener  
Dr. Charu Sharma



Principal  
27.3.24.  
Govt. College of Teacher Education  
Dharamshala Distt Kangra H.P.